



International Symposium on Fall and Fracture Prevention for the Elderly
17 September 2005 (Sat)
Venue: Shaw Auditorium, Postgraduate Education Centre,
Prince of Wales Hospital, Shatin, Hong Kong SAR



Time	Topic	Speakers
0800-0840	Registration	
0840-0850	Welcome speech	Prof KS LEUNG
0850-0915	Opening address Mrs Carrie YAU, Permanent Secretary for Health, Welfare and Food Dr LEONG Che Hung, Chairman, Elderly Commission Prof Jack CHENG, Pro-Vice-Chancellor, The Chinese University of Hong Kong Prof FOK Tai Fai, Dean, Faculty of Medicine, The Chinese University of Hong Kong Souvenirs to Honorable Guests and Collaborative Organizations Meet the Press (1030-1200 in Seminar room 3)	
Session 1	Falls in Elderly: Epidemiology and Risk Factors Moderators: Dr TK KONG, Dr WY SHEN	
0915-0935	Epidemiology of falls and fractures in elderly	Prof Suzanne HO
0935-0955	Who is the high risk group of fractures among the elderly in Mainland China	Prof KR DAI
0955-1015	Falls in older people: risk factors and causes	Prof Laurence RUBENSTEIN
1015-1035	Validation of a simple fall screening test for ambulatory community elderly	Dr SW LAW
1035-1055	Faller and non-fallers	Prof A John CAMPBELL
1055-1110	Q&A	
1110-1130	Tea Break	
Session 2	Primary Prevention of Fall Moderators: Prof Timothy KWOK, Mr Frederick AU	
1130-1150	Effectiveness of fall prevention interventions - evidence from the meta-analysis and beyond	Prof Laurence RUBENSTEIN
1150-1210	Fall prevention - targeting the intervention to the population	Prof A John CAMPBELL
1210-1230	Environmental hazards	Mr Andy CHUNG
1230-1250	Mobile fall risk assessment service in Hong Kong - collaboration between medical and community-based setting	Ms Selina LO
1250-1310	Strategies of osteoporosis & bone fracture prevention for elderly people in chengdu – enhance bone health and avoid falls	Prof FX PEI
1310-1330	Q&A	
1330-1430	Lunch	

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Session 3	Fall Prevention Strategies in Community and Institutional Setting					
	Venue: Kai Chong Tong Moderators: Ms Selina LO, Ms Fanny NG		Venue: Shaw Auditorium Moderators: Dr MF LEUNG, Ms MT CHOW (1430-1635)		Venue: Multi-function Room Moderators: Ms LW CHEUNG, Ms CY CHUN	
1430-1450	No falling in community	Ms Susan CHAN	How to mobilize local resources to implement fall prevention strategies for elders in the community	Ms Fanny KWONG	Fall prevention education in daily living	Mrs Amy TSUI
					Compare the cognitive task effect on community elderly fallers and non-fallers in stepping down activity: A pilot study through electromyography	Mr LEE Yin Tak
1450-1510	Train- the-trainer for fall prevention	Ms Pansy LAM	Falls in institutional elderly – Impacts on self-efficacy and postural control	Mr Raymond SIT	Sharing of fall prevention strategies in care & attention home	Ms Wendy WM MOK
					3H Intervention strategies in fall prevention program for the elderly	Mr Benson YM NG
1510-1520	Q&A		Q&A		A collaborative approach to prevention of fall amongst the elders – community rehabilitation programme	Ms Mariana MFWONG
1520-1540	Why do they continue practicing Tai Chi – and why not?				Dr Daisy DAI	
1540-1600	Fall prevention clinic				Dr Dicky CHOY	
1600-1620	Fall prevention strategies in community and institutional setting – medical assessment and intervention				Dr TK KONG	
1620-1635	Q&A					
1635-1655	Tea Break					
Session 4	Secondary and tertiary prevention Moderators: Dr Paul LIU, Ms PM CHAU					
1655-1715	Effectiveness of vibration therapy in the prevention of fall and osteoporotic fractures				Prof KS LEUNG	
1715-1735	Hospital based preventive strategies for falls				Dr MF LEUNG	
1735-1755	Compliance rate of a modified hip protector among old age home residents in Hong Kong				Mr Patrick SZE	
1755-1810	Q&A					
1810-1820	Closing Remarks				Prof KS LEUNG	

Updated on September 5, 2005